

# FROM CAMPUS TO CAREER: DISABILITY DISCLOSURE

## A SIMPLE GUIDE FOR YOUNG ADULTS & FAMILIES



Navigate the transition into higher education or employment with confidence. Learn when, why, and how to share disability information.



### What Is Disclosure?

Disclosure means sharing information about your disability with schools, employers, or other organizations to access support and accommodations. It is your choice if you want to share.

- You can get the help and tools you need
- You are protected by the law
- It can make school or work easier to access
- It can help you do your best
- It can help others understand and include you

### Why Share Your Disability?



### Know What You Need to Succeed

**Think about:**

- What is hard for me?
- What help would make things easier?
- What tools or changes would help me do my work?

**ADA (College & Work)**

- Stops discrimination
- Gives access to accommodations

**FERPA (Privacy Law)**

- At age 18 or in college, students control their records
- You do not have to tell teachers your disability

### Know Your Rights (ADA & FERPA)



### Myth and Facts

**Myths**

- You must tell your professor your disability
- Your IEP or 504 plan works in college
- Employers must hire you if you disclose
- Disclosure gives special treatment

**Facts**

- Disclosure is your choice
- You only share what you need
- College help starts only when you ask
- Your privacy is protected

- Welcomes all people
- Has clear steps to get help
- Shows disability in photos and events
- Has disability clubs or groups
- Staff know how to support students and workers

### What Inclusion Looks Like

