

OCTOBER RESOURCE

Staying Safe & Strong This Fall

Creative Tools to Stay Safe,
Organized, and Connected This Fall



1 Be My Eyes

www.bemyeyes.com

Free app connecting people with low vision to volunteers or companies for quick visual help. Perfect for navigating fall festivals, reading labels, or checking surroundings.

2 Brili Routines

www.brili.com

A visual routine app designed for students with ADHD—helps with step-by-step morning and evening routines as the school year gets busy.

3 SuperCook

www.supercook.com

Enter ingredients you already have, and this site gives easy recipes. Great for busy school nights or young adults learning independent cooking.

This fall, try out one of these tools to make daily life a little easier—and maybe even more fun! Whether it's cooking, organizing routines, finding a good book, or getting a little extra support, small changes can make a big difference.

