

# Autism Acceptance Month



## 2024 Theme: Celebrate Differences

### How to Support:

- Elevate #ActuallyAutistic Voices
- Learn about autism from an ability-based perspective rather than a deficit-based one, and learn from people with autism when possible
- Look for organizations that have autistic employees in their C-suites and on their boards consistently
- Consume media written or created by people with autism
- Connect with & donate to organizations like those listed to the right
- Respect the language and symbols an autistic person chooses to use to describe themselves
- Replace labels like “high/low functioning” with more inclusive alternatives like “support needs”

### Organizations & Resources

- [ASAN Resource Library](#)
- [Autistic Self Advocacy Network \(ASAN\)](#)
- [Autistic Women & Nonbinary Network](#)
- [Communication First](#)
- [Foundation For Divergent Minds](#)
- [International Badass Activists](#)
- [The Thinking Person’s Guide to Autism](#)
- [Yellow Ladybugs, Autistic Girls and Women](#)
- [The Autistic Cooperative](#)

### What is the #ActuallyAutistic Movement?

#ActuallyAutistic started as a way to indicate that content is coming from someone with autism, as non-autistic voices are often elevated over autistic voices.

## Autism Awareness vs. Autism Acceptance

The difference basically comes down to this: awareness means people know that autism exists, while acceptance is supporting and including autistic people in society. Neither one is “wrong”. Ask an autistic person in your life which they prefer, and why.