Learn About:
In strengths work you will learn about NAME, CLAIM, and AIM
NAME your strengths.
- Understand what strengths you have.
- See the value in the strengths from which you operate naturally.
CLAIM your strengths.
- Notice when you've been successful as a parent using your strengths.
- Recognize your blind spots or weaknesses and how to use your strengths to minimize or compensate for them.
AIM your strengths.
- Identify a goal related to your role as a parent/parent leader.
- Create an action plan to leverage your strengths to achieve your goal.

- Ways to support school & community participation.
- How the family role changes as students take on more responsibility.

This book club is 5 weeks, and you will receive the following:
- Practical Strengths Book
- CliftonStrengths top 5 Assessment
- Signature Themes Report
- Strengths Insight Guide
- Guest Appearance by Author, Jo Self
- Weekly facilitation by Gallup Certified Strengths Coach, Jennifer Doyle Vancil
- Please use the same zoom link each week

Registration is limited to 15 parents in Colorado and closes August 24, 2023

*This book club requires you to confirm and commit via email after you register before the 2 books are sent out prior to the Sept. 7 session. The zoom link will be sent after registration~

Presented by:

PEAK Parent Center
719-531-9400
Email: pchristy@peakparent.org
www.PEAKParent.org